

Voyage au coeur de La Forestière 2020





Wish



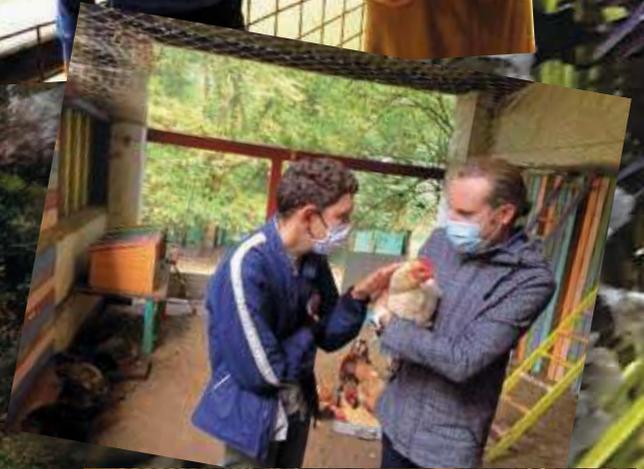
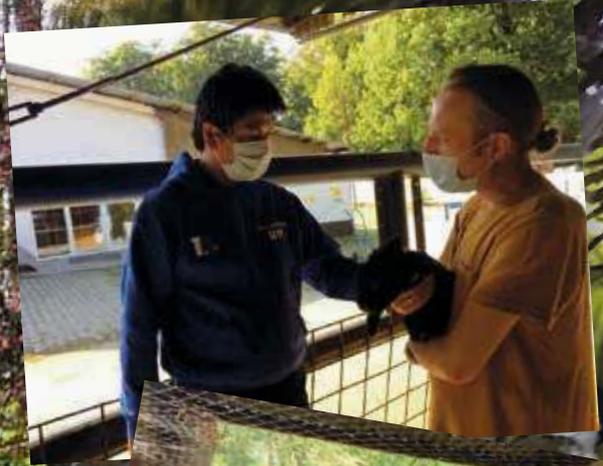


Tous les usagers
et toute l'équipe
de La Forestière
vous souhaitent
d'excellentes fêtes
de fin d'année !



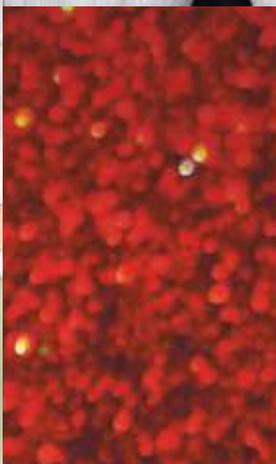
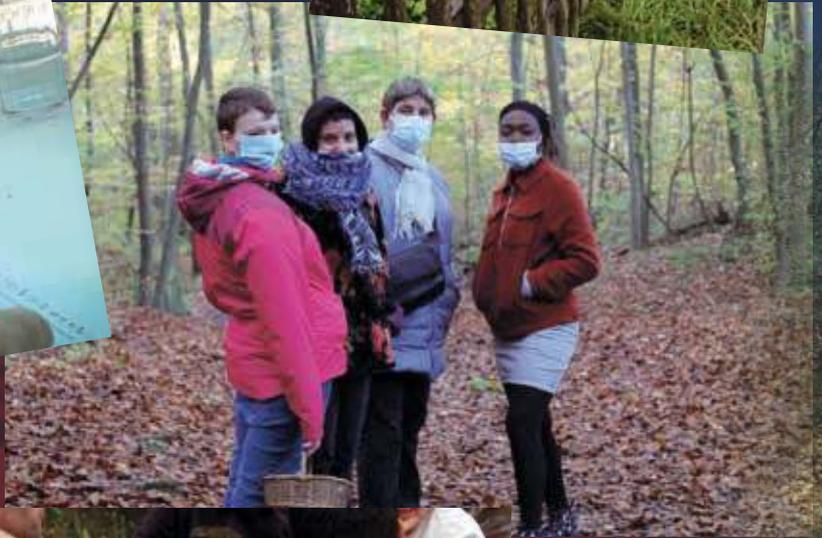
BOUNCE

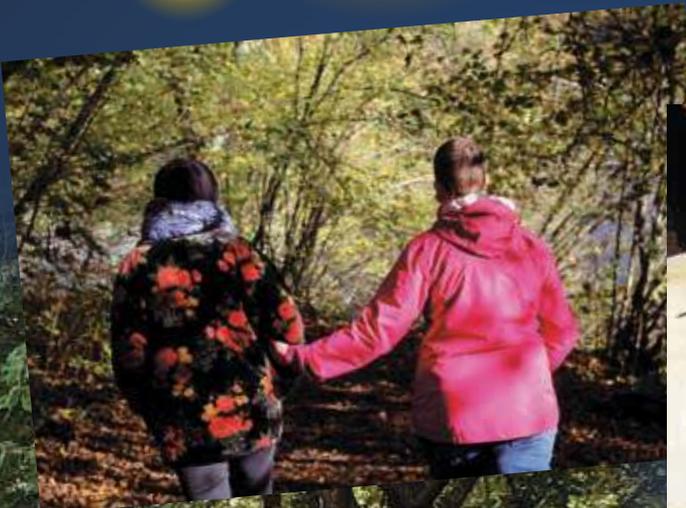






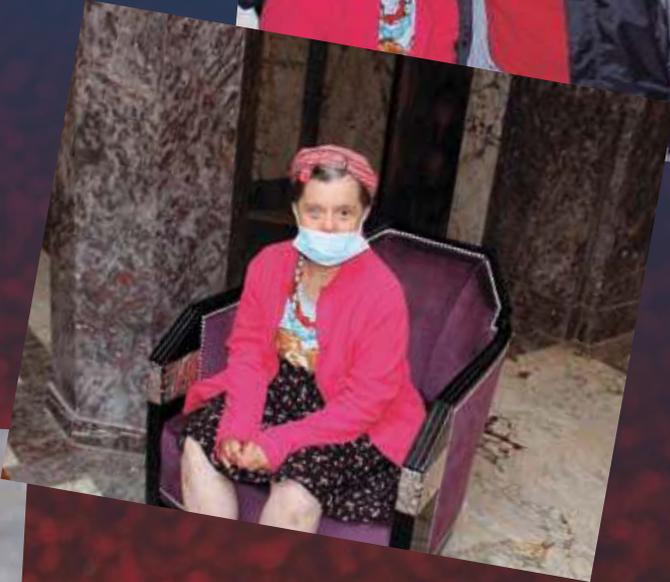








Silo 93





Silo SENS









À faire chez vous

Ananas, framboises,
quelques oranges
et du jus d'orange bio.

Mixer le tout et mettre
des graines de chia
et de chanvre avant de servir.



Quelques oranges,
des betteraves rouges
et du jus d'orange bio.

Mixer le tout et mettre des
graines de chia
et de chanvre avant de servir.

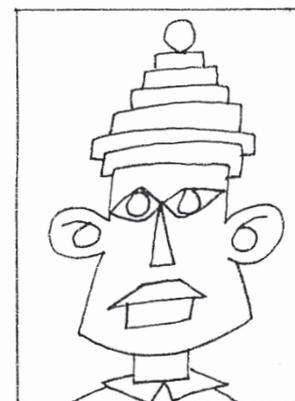
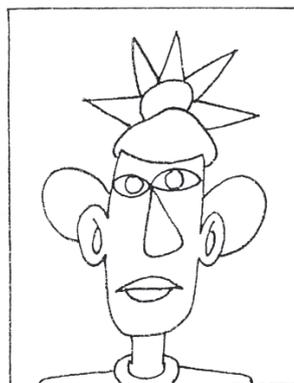
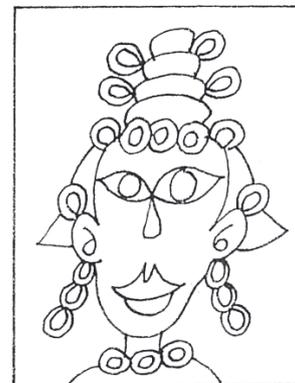
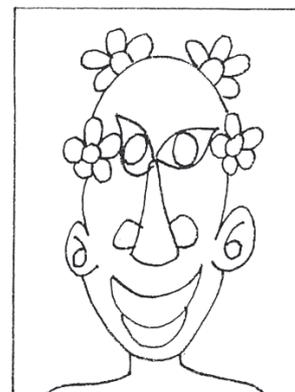
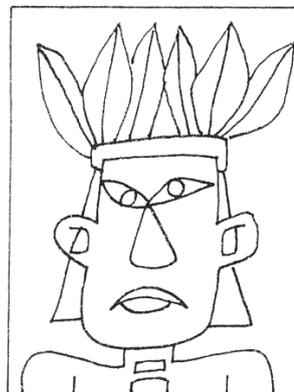
Quelques oranges, des fraises,
des feuilles de basilic
et du jus d'orange bio.

Mixer le tout et mettre
des graines de chia
et de chanvre avant de servir.

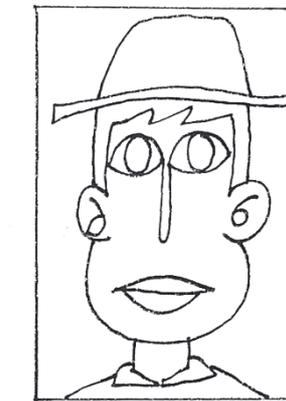
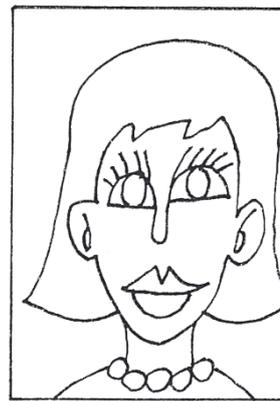
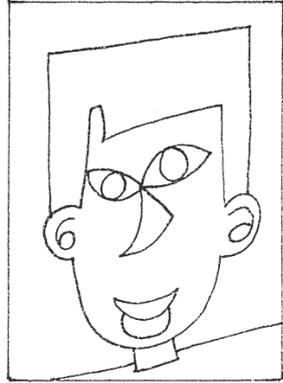
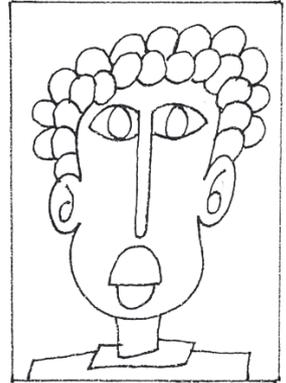
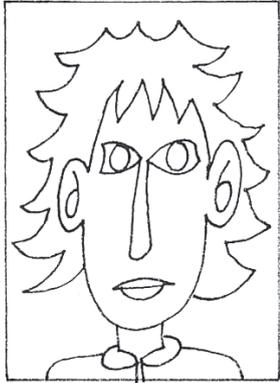
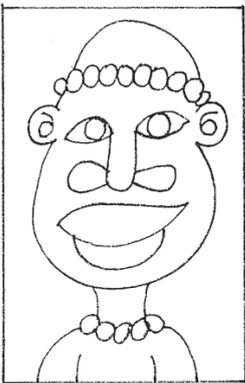
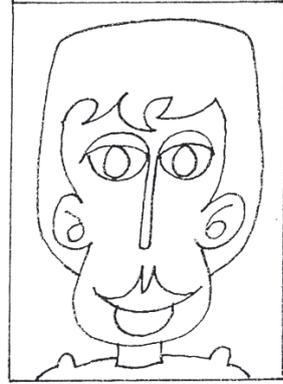
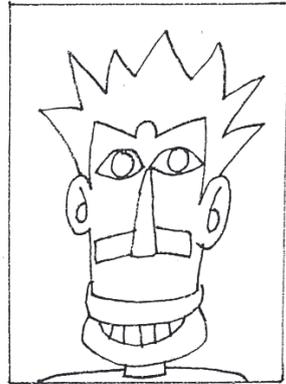
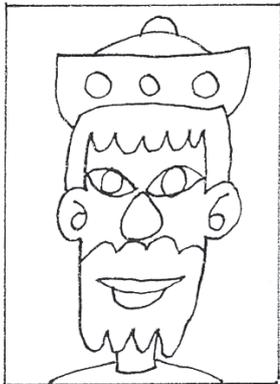
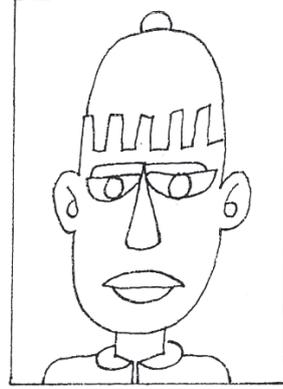
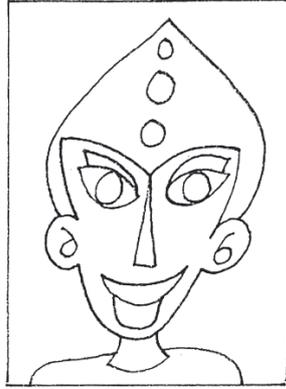
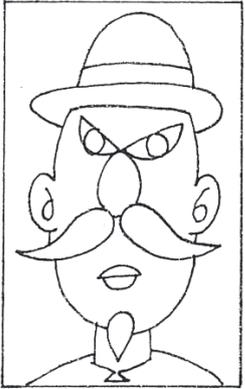


Merci Muriel pour tes recettes.

À colorier



Merci Didier pour tes illustrations.



NOTRE GRAND PROJET POUR LES ANNÉES À VENIR



Merci à toutes les équipes
pour l'élaboration de ce voyage,
les Silo 89, Pol Silo 93 et Silo Sens.

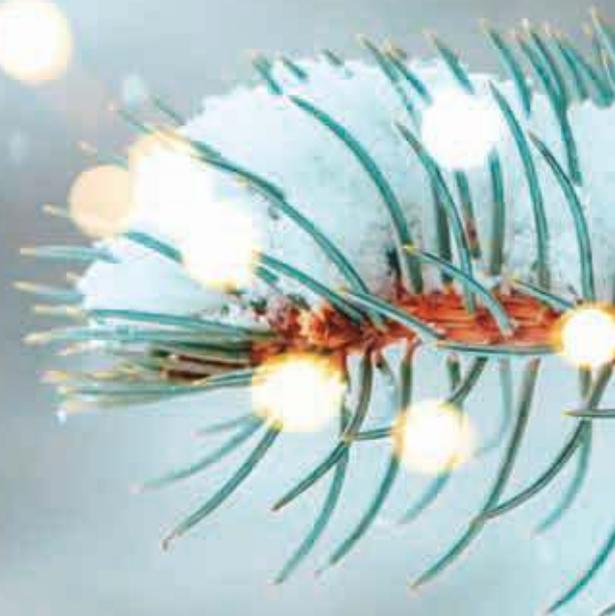


Silo 89 Pol Silo 93 Silo Sens

Bonne
Année

2021





Votre soutien est précieux,
pour faire un don: BE07 7320 1730 6366
Attestation fiscale dès 40 euros.

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